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Hospice's Tender Moments

Special program brings comfort when it's needed most

As our hospice patients go through their final hours, we send in a special team to comfort and calm, to ease fear and pain. We call it Tender Moments.

It's a common misconception that hospice means around-the-clock care for the last few days of life. Unfortunately, this extended comfort and companionship by specially trained nurses and aides are well beyond what is covered by standard Medicare and Medicaid reimbursements.

The Tender Moments team responds during the patient's final hours. They sit with the patient and attend to their needs and assist the family by providing comfort care items, support and education on the timeline and physical

stages of death.

By monitoring patient symptoms, staff can provide additional care and services so that Ohio Living patients receive quality care when they need it most.

Just as valuable is to offer an emotional presence even if patients appear to be unconscious or unaware of their surroundings. Additionally, family may not always be by their loved ones' side to offer comfort and companionship in the final hours of life, even if only stepping away to shower.

Family members tell us that the added support helps make a very sad experience much easier.

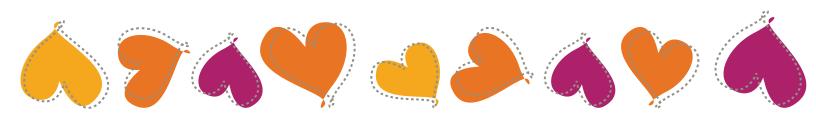


Read this if you are 70½ or older!

Ohio Living donors who are 70½ or older are eligible to make tax-free donations from their IRAs, regardless of whether they itemize deductions on their tax returns. We have a new online tool that will help you cut through the red tape and make a tax free donation directly from your IRA. You must send in your qualified charitable donation by December 31 in order for your gift to be eligible on your 2019 tax return, so don't wait another moment! Learn more at www.freewill.com/qcd/ohioliving and give to Ohio Living through your IRA today!

<mark>up to \$100,000</mark>





Mary's Angels

Tender Moments began in Ohio Living Home Health & Hospice's greater Youngstown area, where the program is called Mary's Angels. A lifelong nurse, Mary Dunn Brown spent the last three years of her career as a hospice nurse for Ohio Living Home Health & Hospice. In 2017, at the age of 58, she died of cancer.

The Mary's Angels program was created in her memory, thanks to donations from area organizations and foundations, and serves as the model on which the Tender Moments program is based. These services are critically needed after hours, which Mary Brown observed and championed during her time as a hospice nurse.

Vigil Volunteers

Vigil Volunteers are a vital part of the Tender Moments and Mary's Angels programs. These volunteers are specially trained for end-oflife situations and do whatever they can to help the patient and their family. Vigil volunteers help provide some of the most compassionate care one human being can offer another – a soothing presence and a hand to hold as someone takes their last breath.

We are blessed to have vigil volunteers who fulfill this incredibly meaningful role for our patients. "Everyone needs someone," one of our volunteers told us. "I like to be there for them."



FreeWill: A free gift for you from Ohio Living

Did you know that the vast majority of Americans don't have a will? Are you one of them? Even if you plan to live to the ripe old age of 150, you need a will - it's the best way to take care of the people you love and the causes you care about. We've partnered with our friends at FreeWill to give you a free and easy way to write your legally valid will today. Many people also like to include a gift to Ohio Living to support our communities for generations to come! The service is free whether or not you choose to include a gift. If you prefer to work with an attorney, you can also use the tools to start your will and document your wishes, saving you time and money at the lawyer's office. Get started today at www.freewill.com/ohioliving. It's free to make changes at any time!

New Adventures on the Porch

Estate gift makes porch renovation possible

Founded in 1892, Ohio Living Sarah Moore is an integral thread woven into the fabric of Delaware, Ohio. Its oldest building, constructed in 1923, is an anchor of Downtown; its iconic front porch a welcoming landmark for all who travel US Route 36.

Despite its former glory, however, the front porch was rarely used. The porch floor was not level with the building, and was not easily accessible. In fact, most residents were not able to go on the porch unattended.

That all changed this summer when an estate gift from resident Margaret Jones paid for important renovations as part of the Historic Home Campaign, an initiative to restore and refresh the common spaces of the original building at Ohio Living Sarah Moore.

Her generous gift paid for structural repairs to the columns, railings, front steps and ceiling; adding an automatic door and ramp; resurfacing the porch; lighting; ceiling fans; fresh paint and outdoor furniture. This project preserved the original look and feel of the front porch while improving the accessibility for the assisted living residents in the building.

Thanks to this generous donor, all residents can now safely access the front porch any time they want to feel the breeze, smell the flowers or take in the energy of the city.

We are grateful to Delaware's Hiram Masonic Lodge #18 for donating the funds to renovate the building's library. Donations are still needed to complete renovations of two interior lounges. If you're interested in helping, please contact the Ohio Living Foundation at 800.686.7800.



Because of a generous donation from Ohio Living Sarah Moore resident Margaret Jones, the 96 year old building was renovated with a new porch this summer.



Residents at Ohio Living Sarah Moore enjoy an afternoon ice cream social on their newly renovated porch.



A new entrance was added with a ramp where steps used to be, making it easier for residents to access the front porch.

DON'T FORGET!



GivingTuesday is Almost Here

GivingTuesday is held annually the Tuesday after Thanksgiving, this year on December 3, 2019. The global celebration runs for 24 hours and begins at midnight local time. On GivingTuesday, millions of people around the world live out their values by supporting the causes they believe in and the communities in which they live.

#GIWINGTUESDAY

2019 Giving Tax Deadline

Year-end gifts must be postmarked by December 31 for you to take a deduction on your 2019 income taxes, if you itemize!

Friends Help Resident Share Husband's Legacy

Longtime teachers in the Willoughby-Eastlake Schools, James and Beverly Smeed made their life together in James' childhood home in Lyndhurst. When James passed away, Beverly found herself in the large, old home alone. Numerous stairs and two lifetimes of items

filled this house, which was more than Beverly could handle by herself.

Friends Carol Fishwick and Loretta Eichenberg. former students of Jim's, stepped in to help. Carol's mother had lived at Ohio Living Breckenridge Village, and Carol

Beverly Smeed, along with her friends Loretta Eichenberg and Carol Fishwick, celebrated with a champagne toast when Beverly's gift was complete.

encouraged Beverly to make the move.

They were with Beverly every step of the way through the admissions process and helped her move in. They then helped Beverly to donate the remaining contents of her house.

The house was built in 1936 and needed

some updating. Together they decided that it wasn't feasible to commit the time, energy and money to fix up the house to sell it. Instead, Beverly decided to give the house to Ohio Living Breckenridge Village as a life income gift.

She made the gift in memory of her

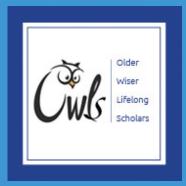
husband James. After meeting with **Executive Director** Dean Palombaro, she decided her gift would support the technology initiative in the new Edna M. and Donald D. Smith Performing Arts Center in the soon-to-be expanded **Osborne Community** Plaza.

As a life income gift,

Beverly receives fixed annual income payments for life, which are partially tax-free. She also enjoys tax benefits for 2019, the year in which the gift was made. Most importantly, Beverly is free from the burden of the home and feels happy that her gift is helping others.

Never Too Cool for Lifelong learning programs gaining

Educational opportunities have always been a priority for Ohio Living to provide to its residents and guests. Today, these programs are taking on new life for the newest generation of seniors. Here are just three examples of how Ohio Living is satisfying their growing curiosities.



The OWLS School, which stands for Older Wiser Lifelong Scholars, is a resident-run program at Ohio Living Westminster-Thurber. Guest lecturers and eager audiences fill the auditorium each October to learn about a variety of topics. From world issues to exploration of arts and literature, these college-level courses captivate, educate and entertain. These affordable sessions are typically sold out in advance. Learn more at www.ohioliving.org/communities/ohio-living-westminster-thurber/about/owls



Ohio Living created the Mahoning Valley Lifelong Learning Institute to provide a Chautauqua-like experience for people 55+ in Mahoning Valley. Celebrating its five-year anniversary, the growing institute packs more than 30 college-level courses into each semester and holds two semesters each year. Donors funded the creation of the Institute and support its four educational pillars: Arts & Culture, History & Political Science, Religion & Spirituality and Rehab & Wellness. STEM courses are also being added to the robust curriculum, and an ongoing partnership with the Butler Institute of American Art is bringing on-site experiences to learners.



Ohio Living Breckenridge Village regularly partners with local organizations to bring programming to the Mahan Cultural Center on its campus. Unfortunately, one of the best potential partners, the Cleveland Museum of Art, only had outreach programs for children. Eager to have arts education on-site, residents and staff from Ohio Living Breckenridge Village helped the Cleveland Museum of Art to develop programming for lifelong learners. Today, that programming continues to be used by the museum for organizations throughout Northeast Ohio, including Ohio Living.

School popularity at Ohio Living













Life Plan Communities

- A Ohio Living Breckenridge Village 440.942.4342
- Ohio Living
 Dorothy Love
 937.498.2391
- Chio Living Llanfair 513.681.4230
- G Ohio Living Park Vista 330.746.2944
- Ohio Living Rockynol 330.867.2150
- Chio Living Swan Creek 419.865.4445
- M Ohio Living Westminster-Thurber 614.228.8888

- B Ohio Living Cape May 937.382.2995
- D Ohio Living Lake Vista 330.638.2420
- F Ohio Living Mount Pleasant 513.539.7391
- H Ohio Living Quaker Heights 513.897.6050
- Ohio Living Sarah Moore 740.362.9641
- Ohio Living Vineyard on Catawba 419.797.3100



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Ohio Living Home Health & Hospice

 Greater Akron
 330.873.3468

 Greater Cincinnati
 513.681.8174

 Greater Cleveland
 440.953.1256

 Greater Columbus
 614.433.0031

 Greater Dayton
 937.415.5666

 Greater Toledo
 419.865.1499

 Greater Youngstown
 330.533.4350

Ohio Living Gift Planners

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Greater Toledo

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Tom Barry, Director of Gift Planning 614.313.6917 | tjbarry@ohioliving.org Serving: Ohio Living Sarah Moore and Westminster-Thurber

Susan Berny, Director of Gift Planning
330.638.2420 | sberny@ohioliving.org
Serving: Ohio Living Lake Vista, Park Vista, Corporate accounts
and Home Health & Hospice in Greater Youngstown

Whitney O'Neal, Director of Gift Planning 859.802.6392 | woneal@ohioliving.org Serving: Ohio Living Cape May, Llanfair, Mount Pleasant, and Quaker Heights